DELHI POLICE ACADEMY

कदमताल

5th Edition : October, 2024 Newsletter







ABOUT ME

Hello Readers and leaders

I'm the youngest member of the DPA family, just 16 months old Born with a spark, I was nurtured with Name, Kadamtal symbolizing growth and strength.

As a budding newsletter, I'm fed by senior officers, talented faculty members and enthusiastic trainees who pour their creativity into me. Every issue is a milestone, filled with captivating articles, poetry, paintings, events, activities and inspiring stories.

With each passing day, I grow stronger, thanks to the motivation of my readers. When praise pours in, I proudly share it with my mentor, editor, and the entire DPA team - the real architects of my success.

Keep reading, keep inspiring!

Now, I invite you to:

Join the conversation! Share your stories, ideas, and creativity with me.

Yours,
Kadamtal



We Create Protectors!

DELHI POLICE ACADEMY

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Ensuring Safety, Security & Well-being of Senior Citizens

Dear Trainees,

As you embark on this transformative journey with the Delhi Police, you are stepping into a career that holds the potential for meaningful and lasting change. Among the many responsibilities you will undertake, one of the most vital is the protection of senior citizens—a cherished segment of our community that deserves our utmost respect, care, and vigilance. The Delhi Police is dedicated to creating an environment where senior citizens are not only safeguarded but also respected and supported. This commitment resonates with the theme of the International Day for Older Persons, observed on October 1: "Ageing with Dignity: The Importance of Strengthening Care and Support Systems for Older Persons Worldwide."

Let us reflect on the unique challenges our elderly citizens face, the initiatives undertaken by the Delhi Police, and your critical role in ensuring their safety, security, and dignity.

Recognizing the Unique Challenges of Senior Citizens

Senior citizens encounter a range of safety concerns that require us, as law enforcement officers, to be both vigilant and compassionate. Understanding these issues is crucial as you prepare to serve:

- **Social Isolation and Emotional Vulnerability:** Many elderly individuals live alone, which can lead to feelings of loneliness and an increased risk of theft, fraud, and exploitation.
- **Elder Abuse:** Abuse, whether physical, emotional, or financial, is an unfortunate reality for some senior citizens, often inflicted by those closest to them. Sadly, due to dependency or fear, many are reluctant to report it, making the role of Police in detecting the same even more difficult. Those get reported, face risk of being handled insensitively and since mostly near and dear ones are involved, action by Police often leads to further alienation of the elderly by their care givers.
- **Financial Fraud and Cyber Scams:** With digital scams on the rise, senior citizens often fall victim to cybercrime, such as phishing and financial fraud, due to limited familiarity with technology.
- **Physical Vulnerability:** Reduced mobility and strength make senior citizens vulnerable to crimes like burglary and snatching, highlighting the need for focused protective measures, especially in neighborhoods with a significant elderly population.
- **Access to Justice:** Navigating the legal system can be daunting for older citizens, especially those with physical or cognitive limitations. Our role includes simplifying processes and making legal support accessible to them.

Delhi Police Initiatives for Senior Citizens

Delhi Police has launched a range of initiatives dedicated to addressing the specific needs and concerns of senior citizens.

- **Vulnerability Assessment -security audit of senior citizens:**

Delhi Police has been conducting security audits of senior citizens living in Delhi, focusing on factors such as their living arrangements, health conditions, mobility, and social support. This data allows us to classify vulnerable seniors and prioritize their needs accordingly. For example, senior citizens living alone or with physical limitations are marked for more frequent welfare checks and visits from our personnel.

Further, we felt that there was a need to develop a system of monitoring the visits and treating each senior citizen as per his or her vulnerabilities, by using modern technological tools and to integrate this in day-to-day policing.

To streamline this process, the **"Kutumb" App** has been developed, enabling welfare checks and vulnerability assessments. of senior citizens through regular, recorded visits. Police personnel collect and input data into the app during visits, creating a "vulnerability matrix" that evaluates and tracks each individual's risk level based on several indices. The geospatial data and priority scoring, help us allocate resources effectively to those at higher risk.

- **Senior Citizen Helpline (1291):** Our dedicated helpline for senior citizens operates around the clock, providing emergency police assistance, medical aid coordination, and immediate response.
- **Senior Citizen Cells:** These district-level cells engage closely with elderly residents. With over 65,000 seniors registered, the cells offer regular visits, safety briefings, and social events, creating a safety net and fostering community ties.
- **Cyber Crime Awareness Programs:** Recognizing the increased risk of online fraud, Delhi Police conducts cyber safety awareness programs for senior citizens also, enabling them to navigate the digital world safely.
- **Collaboration with Social Services and NGOs:** In partnership with healthcare providers, NGOs, and community groups, we address broader needs, offering health screenings and community gatherings that support both safety and social well-being.
- **Community Engagement:** Through community policing, we aim to counter isolation and promote mental health among seniors, enhancing their sense of security and social connection.

Your Role as Future Officers

As you navigate the rigorous journey of training, I want to recognize that this intensive preparation isn't just about learning the fundamentals of policing—it's about forging the strength, empathy, and quick thinking that will guide you through real-world challenges of sensitive policing. The skills and insights you gain here will empower you to respond to challenges confidently and compassionately while ensuring that you are fully prepared to serve and protect the most vulnerable members of society, specially our senior citizens. The commitment you show now reflects your readiness to uphold the values of Delhi Police and serve as protectors of our community, with particular care and empathy for the most vulnerable sections of the society.

As frontline officers, you will be a pillar of support for senior citizens, who often look to the police as a source of safety and guidance. In this regard, beat officers hold a particularly significant role, serving not just as enforcers of the law but as compassionate and familiar faces within the community. Through regular check-ins and establishing a visible, reassuring presence, a policeman can foster trust and make elderly residents feel secure in reaching out when they need help.

A Collective Vision for Senior Citizen Safety

As we advance with initiatives like the KUTUMB app, senior citizen cells at PHQ and district level, and local police-community-based support systems, our vision is to create an environment where every elderly citizen feels valued, secure, and supported. I encourage you to embrace this mission wholeheartedly, guided by a profound sense of duty and empathy. Your commitment and compassion will not only meet the expectations placed upon you but will also foster an environment where our senior citizens are treated with the dignity and respect they deserve. Together, let us work to create a community that honors and supports our elders, ensuring they thrive in a nurturing and secure environment.

Chhaya Sharma, IPS
Special Commissioner of Police,
Training Division, Delhi

Passing

241 PSIs Batch 53 of Delhi Police and





Chief Guest : Sh. R.P. Upadhyaya, IPS, Spl. CP/Spl. Cell



W/PSI SUSHMA
1st in Indoor



W/PSI INDU
1st in Outdoor



W/PSI D-ELOZIA
1st in Commando



W/PSI DIKSHA
1st in Police Science



W/PSI PAYAL DAHIYA
1st in Organization & Administration & Delhi Police Rules Regulations



Out Parade @DPA, JK on 29.10.2024

21 PSIs Batch 54 of Andaman & Nicobar Police





Oath Administered by : Sh. Mohammed Ali, IPS, Deputy Director - I

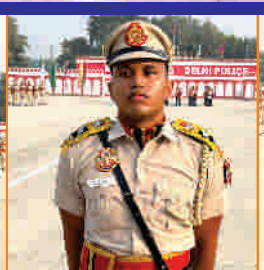




PSI KAPIL MALIK
1st in Outdoor



PSI SUDHANSHU SINGH
1st in Commando



PSI HITESH
1st in Firing



PSI ASHISH GREWAL
1st in Law



PSI SAHIL TANWAR
1st in Police Investigation



PSI NEERAJ KAKROLIA
All Round Best

Gratitude and Goodbyes:

Farewell of Sh. Uma Shankar and Sh. R.S. Gotewal

The Delhi Police Academy recently bid a heartfelt farewell to Sh. Uma Shankar, Deputy Director Training on his transfer to Andaman and Nicobar.

During his tenure, Sh. Uma Shankar brought transformative changes to the training module, incorporating modern techniques to address emerging challenges. He was the trouble shooter of DPA in any sphere of training. He updated standing orders, ensuring the academy remained abreast of the latest developments.

Under his guidance, approximately 78,000 police personnel were trained on new criminal laws and procedures, enhancing their capabilities. His approach was thorough professional and very considerate towards the need of trainees which could be seen by the emotions expressed by the trainees when he was being relieved.

As we bid farewell to Shri Uma Shankar, we honor his remarkable contributions to shaping the future of law enforcement.

Also bidding farewell to Assistant Director, Sh. R. S. Gotewal, a valuable asset to DPA.



Shri Uma Shankar, Deputy Director/Training



Shri R.S. Gotewal, AD/Outdoor

DPA welcomes its new Deputy Director

The Delhi Police Academy is pleased to welcome Sh. Mohammed Ali, IPS as its new Deputy Director - I. With a distinguished career serving Delhi Police in various districts, including North, South, South-East, North West, and North East, Sh. Ali brings valuable experience to his new role. His expertise extends to key units such as Licensing, Vigilance, and Economic Offence Wing. Additionally, he has served in Mizoram, gaining expertise in handling diverse law enforcement challenges.

He is known for his approachable nature, fostering confidence and enthusiasm among staff. His leadership style encourages open communication, teamwork, and a positive work environment. Under his leadership, the academy is expected to continue its legacy of excellence in policing.



Sh. Mohammed Ali, IPS, Dy. Director - I, DPA

HC Ajay Grewal

A Beacon of Hope for Aspiring Students

Ajay Grewal, a Head Constable in Delhi Police, has transformed his personal setbacks into a remarkable opportunity for thousands of aspiring government job candidates from underprivileged backgrounds. Despite his dreams of clearing the UPSC exam, which he pursued from 2015 to 2020, Grewal faced repeated failures. However, he turned this disappointment into motivation, founding the Vidyadaan Mahadaan Coaching Centre in 2016 on the terrace of his home in Bahadurgarh, Haryana.

Starting with just one student, Ajay's initiative has grown exponentially, now serving money students. His free classes, focusing on general knowledge, reasoning, mathematics, English, and Hindi, are designed for those who cannot afford expensive coaching. Ajay conducts classes daily, beginning at 6 PM and continuing late night.

In addition to in-person classes, Ajay leverages technology by broadcasting his lessons live on his YouTube channel, which boasts over 6,000 followers and more than 500 educational videos. His former students, now in various jobs, also contribute by teaching classes, enhancing the learning experience for current students.

Ajay's commitment to his students is unwavering. He balances his coaching with a full-time service. He emphasizes that his coaching center is specifically aimed at financially unstable students, aiming to provide them with opportunities to achieve their dreams.

Students often share their struggles, including personal challenges like family health issues and financial burdens, underscoring the critical role Ajay's coaching plays in their lives.

Ajay's initiative not only helps students academically but also fosters a supportive community where they can thrive together. He even accommodates larger classes during colder months in a nearby wrestling ground, ensuring students are comfortable while they learn.

Through his tireless efforts, Ajay Grewal embodies the spirit of selfless service, proving that with determination and community support, it's possible to overcome obstacles and pursue one's dreams. His journey highlights the power of education as a transformative tool for social change, offering hope and opportunity to those who need it most.





CP's COMMENDATION DISC AWARDEES

Sh. Jitendra Mani, Deputy Director-II/DPA, felicitated 12 Outstanding Police Personnel of DPA by flagging the commendation disc on each officer.



SI KISHAN CHAND



SI SANTOKH SINGH



SI SATNAM SINGH



W/HC ANITA



W/HC DHAPA



W/HC GEETA



HC JAIPARKASH



W/HC JYOTI



HC PARMINDER SINGH



W/HC POONAM



W/HC REKHA



W/CT REKHA

"Celebrate Culture at DPA"

"Dive into a Tapestry of Traditions"















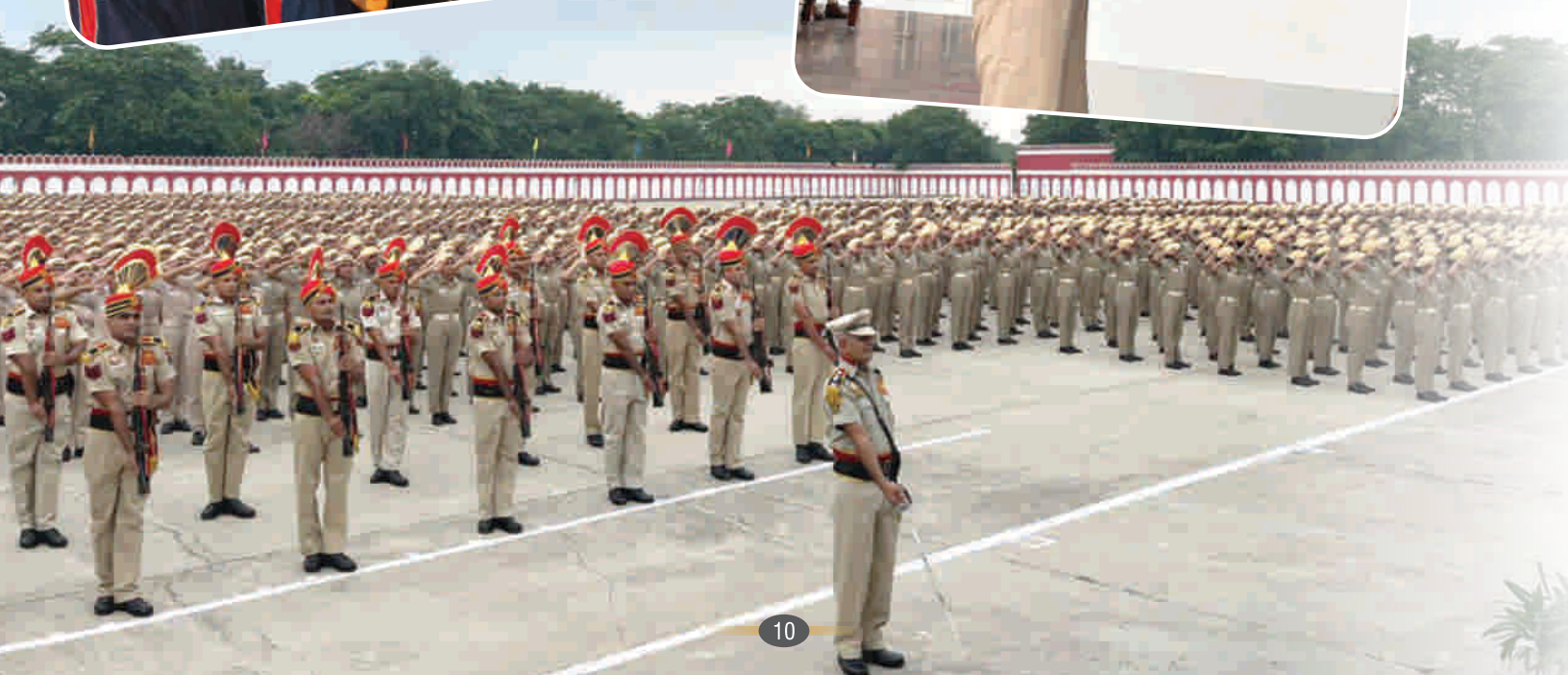


INDEPENDENCE DAY Celebration

@ DPA JK, DW, WB







On 15th August 2024, Delhi Police Academy celebrated Independence Day by hoisting the vibrant tricolor flag at its three training centers. The atmosphere was filled with zeal and enthusiasm among the trainees, reflecting a great sense of patriotism and unity.







RAISE ROAR RADIANT

GLIMPSES OF WOMEN TRAINING

















COMMANDO

Training at Delhi Police Academy

Lectures @ DPA

Cyber Crime





@DPA JK

On 28th August 2024, the Delhi Police Academy organized a lecture on cyber crime for trainees, aimed at equipping them with the knowledge and skills to combat cyber fraud.

Balance Diet





@DPA JK & DWK

On 6th September 2024, Delhi Police Academy organized a special session on 'Balanced & Nutritional Diet' for women constable trainees. The session featured expert dietician Mrs. Brijyot Kaur from RTR Hospital, who provided valuable insights on maintaining a healthy diet.

Laughter and Motivation





@DPA WB

On 7th September, 2024, ACP Sh. Rajendra Kalkal's stress-buster session & motivational lecture leaves recruit constable trainees & staff in stitches and feeling inspired!

Lectures @ DPA

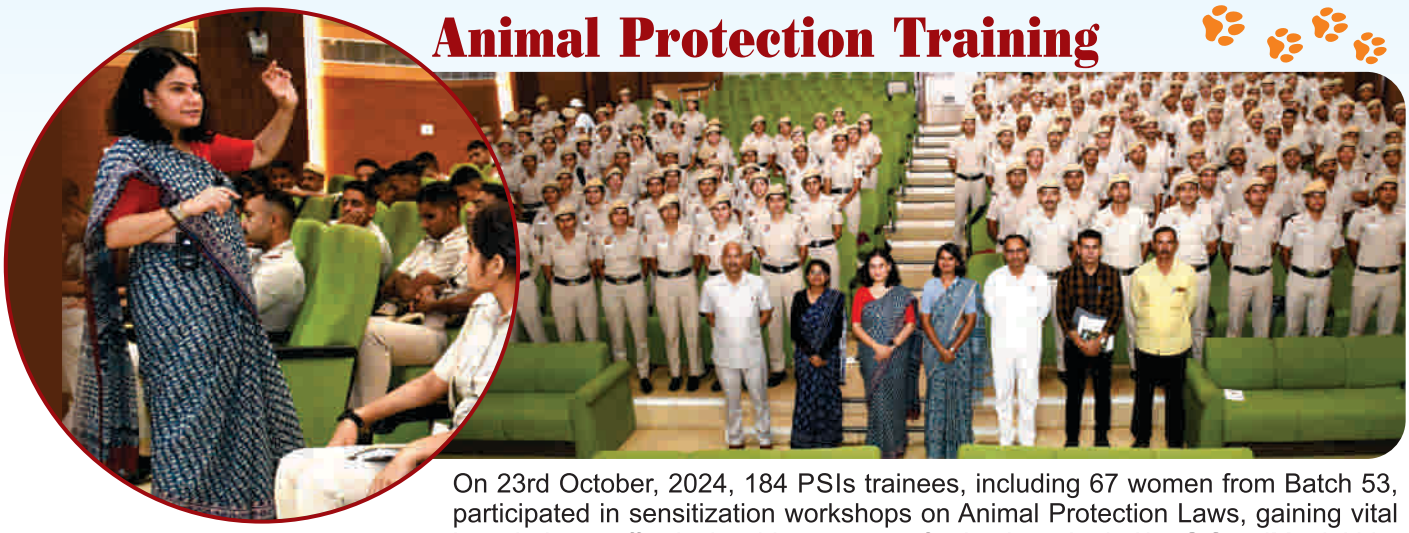
Mental Wellness Session



1st Oct 2024, Experts from Brahma Kumaris conducted an interactive session on mental wellness for 450 women constable trainees in two batches, providing group & individual counselling to promote emotional resilience.

@DPA JK

Animal Protection Training



On 23rd October, 2024, 184 PSIs trainees, including 67 women from Batch 53, participated in sensitization workshops on Animal Protection Laws, gaining vital knowledge to effectively address cases of animal cruelty, led by @GauriMaulekhi.

@DPA JK

Bank Fraud Prevention



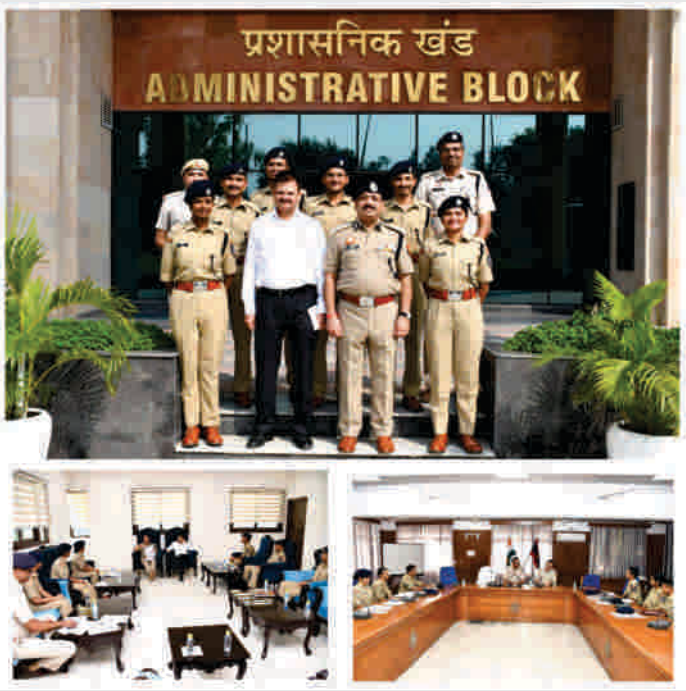
On 24 OCT 2024 Delhi Police Academy hosted sessions led by ICICI Bank's Sh. Javed Chouhan, training 223 PSIs and 184 women recruits on identifying and preventing bank fraud, enhancing their skills to safeguard financial integrity within the community

@DPA JK

Attachments & Workshop at DPA



On 26th October 2024, DPA conducted a workshop on #CyberInvestigation @ Vimarsh Hall, PHQ. Led by esteemed faculty Sh. Rajnish Gupta, Joint CP/IFSO and Sh. Hemant Tiwari, DCP/IFSO, the workshop brought together 57 participants, including Addl. DCsP, ACsP and Inspectors.



On 28th October 2024, 06 Trainee IPS Officers from 76 RR Batch 2022 & 2023 joined DPA for 5-week attachment. Sh. Asif Mohd. Ali, IPS, Joint Director, DPA and Sh. Mohammed Ali, IPS, Dy. Director - I, DPA interacted with them, sharing their expertise and experiences.



On 22nd October 2024, DPA hosted 2 sessions at Dwarka benefiting 216 PSIs & 245 W/R Cts. on Nutrition & Disease Prevention by Dr. Vipul Indora and Active Home workout through Weight Management by ASI Pawan, Gym Trainer PHQ. Sh. Jitendra Mani, DD-II/ DPA also motivated participants.





CRYPTOCURRENCY

On 24th August 2024, Delhi Police Academy (DPA) hosted a workshop on Blockchain and Cryptocurrency at PHQ, inaugurated by Sh. Sanjay Arora, CP/Delhi. Attended by 300 officers, the event featured lectures by Sh. Bhushan Gulab Rao, IPS from SVPNPA, aimed at enhancing investigative capabilities in our increasingly digital world.





Visit of NEPA Trainees

In last week of September, 15 NEPA (North Eastern Police Academy) trainees, including five DSsP, are at Delhi Police Academy for the Bharat Darshan study tour. This experience will provide them with firsthand insight into Delhi Police's operations and challenges, essential for their future roles in law enforcement.





DPA Shines at Half Marathon

Over 130 teams participated in the Police Cup, DPA dominated, sweeping all 3 female categories and securing Gold and Silver Medals in Men's categories.



MOTIVATING OUR CHAMPIONS !



Marathon winning teams were awarded and motivated by Sh. Neeraj Thakur, Special CP (MD)/DPHC & Armed Police Division & Sh. Madhup Kumar Tewari, Spl. CP/ Law & Order, Zone-II at Police Headquarters on 26th October 2024.

NSG@DPA





BOMB DISPOSAL COURSE

A bomb disposal and counter-improvised explosive device training session was conducted by a team of NSG officers at the Delhi Police Academy in Jharodha Kalan. This aimed to enhance the skills and preparedness in handling explosives.



Drone Technology

A course on Drone Technologies for ACsP to DCsP was conducted by Major Nitin Kumar from the NSG. He highlighted innovative applications, operational strategies, and safety measures to enhance modern policing capabilities.





Next-Gen SHOs: Leading the Charge

In the month of October, 44 newly posted Station House Officers (SHOs) attended a **"Police Station Management Workshop"** at STC Rajinder Nagar. The workshop featured expert sessions aimed at enhancing their skills and knowledge. Notable speakers included Sh. Robin Hibu, IPS, Special CP, Vigilance and Sh. Devesh Srivastava, IPS, Special CP, Crime, shared their invaluable insights on effective management strategies.

In addition, Dr. Meeran Chadha, former Commissioner of Police, Pune, addressed the critical issue of gender sensitization, emphasizing the importance of understanding gender dynamics in policing. Ms. Meenu Chaudhry, Joint CP, HQ, discussed the intricacies of the Shradha murder case, providing a real-world perspective on investigation challenges. Sh. DC Jain, former Special Director of CBI, highlighted crucial aspects of the POCSO Act and corruption issues, further empowering the new SHOs with the knowledge necessary to navigate complex legal landscapes effectively.





















LEADERSHIP IN ACTION

In the month of August, Smt. Chhaya Sharma, Special CP/ Training Division had an impactful visit at DPA Jarodha. Various facilities including barracks, mess and dispensary were inspected by her team ensuring that all aspects of the training environment were up to standard.











Key Contributors in Creating and Structuring Study Resources for New Criminal Laws



Chhaya Sharma, IPS
Spl. CP, Training Division



Joy N Tirkey, IPS
DCP, North East District



Uma Shankar, DANIPS
Deputy Director, Training, DPA
Now Principal, PTS, Andaman & Nicobar Police



ACP Hari Singh
EOW



Inspr. Rajeev Bhardwaj
DPA



Inspr. Rajeev Kumar
IFSO/Spl. Cell



Inspr. Anil Berwal
DPA



Inspr. Sanjeev
DPA



Inspr. Arun Tyagi
DPA



Inspr. Pawan Tomar
Metro



Inspr. Suresh
NAV



Akhand Pratap Singh
Advocate



Raunak
Advocate



SI Somveer
DPA



SI Rajni Kant
West Distt.

FIVE TIPS FOR OVERCOMING MENTAL FATIGUE

We all require regular periods of self introspection in our fast lifestyle with busy days. So, a good question to ask is that does we like a mind which is full of thoughts or which is fewer thoughts and spaces between them. The fewer the thoughts, the lighter they are and the more our mind will be light and always enthusiastic. Let's look at the following five techniques to keep our minds light and in joy always:

1. Create One Thought at A Time: - A mind which is anxious and full of fear thinks excessively and faster than what is required at that point of time. Sometimes it also creates negative and false future realities, which increase the number of thoughts, as it anticipates and then tries to solve non-existent problems that have not occurred yet, but the mind fears that they may occur. This is what we commonly define as negative thinking. On the other hand, positive thinking is the visualization of positive scenes for the future, with complete hope and determination.
2. Think of Others Only When Necessary: A common habit that we all have is to think of others even when it is not necessary and important. Suppose, a person in our office is not performing well and up to his necessary capacity and his work efficiency directly influences our office's performance, a common response would be to correct him and also talk about his work to the right people in the office. After that should we think about him negatively each time, we see him or should we keep talking about him negatively to each person in the office, which is called waste or unnecessary talk. There are so many such people in our lives. If we carry heavy thoughts filled with negativity about each family member, friend and office colleague, will it not be tiring? So, apply the power break, avoid question marks and also exclamation marks in our thoughts. Replace negative thoughts about others, with thoughts about their specialties, qualities and skills as well as positive characteristics, so that we do not get tired and experience mental fatigue.
3. Give Up Our Ego and Live Freely: A very big weight that some of us are carrying on our emotional heads or mind is of our subtle ego. This morning, my colleague at my office or at my workplace commented negatively on my dress I was wearing. He commented and I did not see him the entire day after that, but I carry his comment in my mind. Where there is ego, there is immense feeling of insult. So be sweet, humble and kind the one who does not get negatively affected by people's comments and loves everyone in spite of that.
4. Live Life as a Beautiful Journey without Any Burdens of Situations A very important practice for experiencing life without feeling burdened is to enjoy the journey. Have we ever seen a journey without side scenes? Similarly, life's journey will always have moments that are sometimes negative and sometimes positive. Remember, nothing in life stays forever. So, while looking at each scene, we should be free from any anxiety and worry, because as we know from our life experiences, "this too shall pass." The present becomes the past, and the future will be beautiful. No negative situation lasts forever, and patient waiting with a consciousness full of peace will always bring us to a point in the journey when the scene has passed, and the beautiful journey continues. This is a law of life.
5. Our Thoughts Create Our Life... Be Our Own Monitor A very important aspect of keeping our thoughts fewer, more positive, and light, while remaining free from mental fatigue, is checking our thoughts at regular intervals from time to time throughout the day. We can change the direction of our thoughts to a positive one when they start to become negative and accumulate in strength, causing disturbance. This can be done by keeping a book or any other source of positive reading on our mobile or laptop. We should read it periodically throughout the day—4 to 5 times a day—to easily shift our thinking in a positive direction. Additionally, when we end the day, we should review our thoughts from the entire day and make corrections for the next day. The following morning, we can plan our tasks and include regular short breaks for self-checking our thoughts along the way.

Sanjeev Kumar
Inspector (PRO)
Coordinator,
Kadamtaal Newsletter, DPA



उसने एक सपना देखा था

उसने हम से क्या माँगा था?
क्या चाँद? क्या तारा?
उसने एक सपना देखा था
मधुर, सुन्दर और प्यारा।
सपना टूटा, साँसे टूटी
छिटक गई सब उम्मीदे,
देखा यह सब ने मिलकर
जीत गए कुछ दरिंदे।
सपने कुचले जाते जिस जगह,
समाज सदा रहता श्रापित
मुक्ति होती है श्राप से,
प्रायश्चित जब हों सुनिश्चित।
उसको न्याय देना होगा
मृत्युदंड केवल विकल्प है
प्रायश्चित होगा समाज का
यही लक्ष्य, यही संकल्प है।

Sh. Kushal Raj Sharma
ACP/Admn. (East Campus), JK



..दोस्ती पर एक गीत..

दोस्ती है दोस्तों से
तो मिलते रहना चाहिए
फूलों सा हसीन सदा
खिलते रहना चाहिए।
प्रकृति का रूप रंग सब
प्यारा और सुहाना है
वर्षा रानी, नदियों के पानी
में भी दोस्ताना है।
यारों से नहीं प्यारा कोई
कहता सारा ज़माना है
जो सुख-दुःख में है दीवाना
ऐसे यारों से मिलना चाहिए।
दोस्ती है दोस्तों से
तो मिलते रहना चाहिए
फूलों सा हसीन सदा
खिलते रहना चाहिए।
दिन-रात भी सुबह-शाम
रोज़ आकर मिलते हैं
इतने प्यारे याराने
दिल्लगी से फलते हैं।
खिल जाता है रोम-रोम
जब मन के प्यारे मिलते हैं
हँसी-ठिठोली, सैर-सपाटे
बचपन जैसे होनें चाहिए।
दोस्ती है दोस्तों से
तो मिलते रहना चाहिए
फूलों सा हसीन सदा
खिलते रहना चाहिए।
गर्मी-सी बातों में गर्मी
आहत मन कर देती हैं
प्यारे से प्यारे मित्र को
गैरों सा कर देती हैं।
राम-भरत के अपनेपन से
मित्र प्यारे मिलते हैं
कृष्ण और सुदामा से मिलते
अफ़साने होने चाहिएं।
दोस्ती है दोस्तों से
तो मिलते रहना चाहिए
फूलों सा हसीन सदा
खिलते रहना चाहिए।
मानव से बढ़कर जानवर
रिश्तों का रखें ख्याल
हम कतरा दें उन्हें प्यार का
वे प्यार दें दिल से निकाल।
चालाकी, शैतानियों से
दूर रहकर करो धमाल
प्यार बाटनें का कमाल
यारों में होना चाहिए।
दोस्ती है दोस्तों से
तो मिलते रहना चाहिए
फूलों सा हसीन सदा
खिलते रहना चाहिए।
ऊँच-नीच ना रंज-तंज
दोस्ती में चलता है
दिल का गहरा राज हमेशा
दोस्ती के आगे झलकता है।
आंसुओं का मर्म समझे
दिल में हो संवेदना
बिन कहे समझे वेदना
ऐसे जिगरी से मिलना चाहिए।
दोस्ती है दोस्तों से
तो मिलते रहना चाहिए
फूलों सा हसीन सदा
खिलते रहना चाहिए।

SI Naresh Kumar Dabas
DPA East Faculty



दिल्ली पुलिस के जवान

हम हैं दिल्ली पुलिस के जवान,
हमारी आवाज़ है सबकी पहचान
दिल्ली के सुशासन की हम हैं शान,
कर्तव्य हमारा, जनता का सम्मान
अनुशासन की भावना, महान हमारी,
संसार में जीते सभी हैं मगर,
असल में जिन्दा वही है जो
कर्तव्य के पथ पर चल मिटते हैं
देश का रोशन नाम करते हैं,
हम हैं दिल्ली पुलिस के जवान
बात विषय से हटकर करूँ क्या?
है मेरी औकात कहूँ क्या?
गलत को रोके, गलत को टोके,
ना माने तो गलत को ठोंके
अच्छों का करते हैं हम सम्मान,
हम हैं दिल्ली पुलिस के जवान
देश का दिल है दिल्ली,
दिल्ली की धड़कन हैं हम
जैसे लहरें हैं सागर में,
वैसे दिल्ली में हैं हम
हर नारी का करते हैं सम्मान,
हम हैं दिल्ली पुलिस के जवान
सागर में उठती लहरें, लहरों में उठता जल,
तुम मानो या ना मानो, मजबूत हमारा कल
फार्ज के आगे न देखी रिश्तेदारी,
दिल्ली पुलिस हमेशा अपराध पर भारी
26 जनवरी, 15 अगस्त हैं,
देश के प्रमुख दो त्यौहार
पुलिस का इन्हें मनाने में,
लग जाता पूरा दिल्ली परिवार
सबसे शक्तिशाली, दिल्ली पुलिस मतवाली,
भारत माँ की जय जयकार,
हम हैं दिल्ली पुलिस के जवान
जय हिंद

R/CT Narender Singh Modi
(Batch - 124)



दिल्ली पुलिस की ट्रेनिंग

बात यह है की बात समझ नहीं आ रही है,
हम ट्रेनिंग खुद कर रहे हैं
या ये अपने आप होती जा रही है I
इतनी क्लासें तो स्कूल में नहीं लगी
जितनी दिल्ली पुलिस यहां लगा रही है
अगर इसी तरह से हम रोजाना
रेस और स्प्रिंट लगाएंगे
मुझे लगता है अगली बार ओलंपिक मेडल
हम दिल्ली पुलिस वाले ही लाएंगे I
मुझे तो यह समझ नहीं आ रहा कि
ये मेरे पैर मेरी बात क्यों नहीं मान रहे हैं
उस्ताद बोलते हैं धीरे चल
और यह तेज चलते जा रहे हैं I
सच बताऊं मेरा तब सारा खून जल जाता है
जब मुझे सुनता है बाय मुड़
और सबको दाएं सुन जाता है I
अब तो लगता है हमने स्कूलों में क्या ही क्या सीखा है
जब यहां आकर पता चला
कि सावधान विश्राम का भी अलग ही तरीका है I
जोर से पैर पटक-पटक कर
हमारी एड़ियां क्यों ना सूज जाए
पर मजाल है कि यह पैरों की आवाज
उस्ताद के कानों तक पहुंच जाए
पर देखो तो हम सबसे हटके बन रहे हैं
यहां आए थे कच्ची मिट्टी
अब पक्के घड़े बन रहे है I
इन 9 महीनों के बाद हम अपनी ड्यूटी
कुछ इस प्रकार निभाएंगे
अपराधों को कम करेंगे
समाज को भय मुक्त बनाएंगे I
जय हिंद

R/CT Pankaj Kumar
(Batch - 124)



नारी का स्वर

आसमान में उड़ते पंछी, ईश्वर के ही लगते हैं
जमीं पर करतें बसर ये जंतु, ईश्वर के ही लगते हैं
वैसे दुनिया के कण-कण पर, ईश्वर का अधिकार है राम,
पर जो नारी की इज्जत छीने, क्या वे ईश्वर के लगते हैं?
जिस नारी ने तुम्हें जन्म दिया, उस नारी को ही मार दिया
बच्ची, बेटी, बहन और मां जैसे किरदारों से खुद को पार किया
हवस ने घोटा गला उसी का, जिस जात ने सब को प्यार दिया
मां-बाप का आँगन छोड़ कर जिसने, तुम पर खुद को वार दिया
फिर छीन कर गहने, फाड़ कर कपड़े, इज्जत लूटी औरों ने
क्या न्याय मिलेगा सड़क पर उसको, जिसे सड़क पर जिन्दा मार दिया
लड़की हो या महिला हो, आखिर किसको बख़्शा है
तेजाब उछालों, काट कर फेंको, क्या यही हमारी शिक्षा है?
उम्र 50 हो या 2 महिने, नौच कर खाया औरों ने
हवस के भूखे लोगों ने क्या, बच्ची को भी बख़्शा है?
एक से सो फिर लाख रेप, क्या इतनी स्त्री काफी है?
याद रखें हम, सीता हरण और द्रोपदी चीरहरण ही काफी है
यू नाम डुबाने को सारे देश का, एक निर्भया काण्ड ही काफी है,
या बंगाल के जैसी घटनाओ का और भी होना बाकी है?
वह नारी है, कब समझोगे, तुम सबको रचने वाली है
हैवान हैं वो हवस तुम्हारी जो स्त्री को नौच कर खाती है
वो चीखती है, चिल्लाती है
कमजोर है, सो डर जातीं है
वह मरती है, न जीती है
सहमी सी घर को जाती है
कुछ मरती औरों के हाथों
कुछ जीते जी मर जातीं हैं
ब्रह्माण्ड को जनने वाली ही
खुद कोख में मारी जाती है
अब चयन आप को करना है
किस जैसा, तुमको बनना है
हम आप में ही एक रावण है
हम आप में ही एक राम बसे
हम आप मेही एक दुर्योधन,
हम आप में ही एक श्याम बसे

R/CT Vipin Chaturvedi
(Batch - 124)



मेहनत के दिन

हम यह सोचकर
करते रहे मेहनत
कोई तो रास्ता होगा
कहीं तो मुकाम होगा
यह सोचकर हम
करते रहे मेहनत
कभी तो दिल्ली पुलिस अकादमी
मे आने का सपना पूरा होगा
वो कच्चे घर मे पढ़ना
वो खेतों में रातों को लगना
वो फसलों की रोपाई करना
वो खेतों से भूसा भरकर लाना
वो दिन दिन भर गाय चराना
वो रात रात भर फसल काटना
वो पिता की खेतों मे मेहनत
वो माँ का सुबह का कलेवा
आज भी मुझे सब कुछ याद है
वो दिन बड़ी मुश्किल से बीते
वो कठिन दिन है ज़िंदगी के
मुश्किलों में ही चलना पड़ा घर के वास्ते
फ़िर निकालना भी पड़ा घर के ही वास्ते
आया अकादेमी मे तो सोभाग्य खुल गया हमारा
मिला साथियों से सब इन दिनों के लिए थे तरसते
सप्ताह के सातों दिन साथ रहे हमारा

R/CT Narender Dangi
(Batch - 124)





Beginning of a New Chapter : Our Retirees

August


SI Name Singh


HC Surender Deshwal


Raghuveer Singh
Civilian Electrician


MTS Ram Singh


MTS Jagmati Devi

September


SI Krishan Lal


HC Surender Deshwal

October


ACP Asha Badola


SI Ranbir Singh


SI Bijender Singh


SI K Babu


SI Om Parkash


SI Satya Parkash


ASI Om Parkash


HC Goverdhan Singh

"May your superannuation be the beginning of splendid journey, filled with joy & happiness"
DELHI POLICE ACADEMY



OBITUARY

We remember R/Ct Gaurav Kumar,
who tragically passed away in a road accident
shortly after joining the Delhi Police in 2024.



Delhi Police Band

"Harmony in Service, Rhythm in Unity"



@DPA WB



@DPA JK





@DPA JK

DPA in News





Rajender Pal Upadhyaya, Special Com... of Police, Special Cell, ins... parade of newly... the Anda...

प्रशिक्षण के बाद दिल्ली पुलिस को मिले 262 सब इंस्पेक्टर



दिल्ली पुलिस, अंडमान और निकोबार पुलिस की पासिंग आउट परेड आयोजित

परेड में 262 पीएसआई ने भाग लिया, जिनमें से 21 अंडमान और निकोबार पुलिस...





दिल्ली पुलिस अकादमी में दिल्ली और अंडमान निकोबार पुलिस के नए भर्ती उप-निरीक्षकों की पासिंग आउट परेड में सलामी लेते वरिष्ठ पुलिस अधिकारी राजेश चाल...

पासिंग आउट परेड में 262 नए उप-निरीक्षक हुए शामिल



उप निरीक्षकों की पासिंग आउट परेड का आयोजन

दिल्ली पुलिस अकादमी ने की एक दिवसीय कार्यशाला आयोजित

जांच अधिकारी और जांच इकाइयां रही शामिल

Delhi Police Academy Hosts Workshop on Blockchain and Cryptocurrency



वित्तीय अपराधों के आधुनिक तरीकों से जागरूक होना जरूरी है : संजय अरोड़ा



दिल्ली पुलिस अकादमी ने ब्लॉकचेन और क्रिप्टोकरेंसी पर की कार्यशाला आयोजित





"अभ्यास के बिना न सफलता"

Without practice, there is no success.

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